

# SAFETY ADVISORY

This is an excerpt from an article by the Consumer Products Safety Commission (CPSC). It is appropriate not only for those of us who have parents or grandparents living with us, but would also be appropriate for anyone, and we can send this information to our parents / grandparents, or to any seniors we know and are concerned about. The next time you visit with them, you might casually check their houses to insure that this information is being used.

This information may help to keep them and their property safe.

- \_\_\_\_\_ Emergency phone numbers are posted on or near every phone.
- \_\_\_\_\_ All rugs, runners and mats are slip resistant.
- \_\_\_\_\_ Passageways, hallways and exits are well lit and kept clear.
- \_\_\_\_\_ Kitchen towels, curtains and other things that might catch fire are kept away from the oven / stove.
- \_\_\_\_\_ Bathtubs and showers have non-slip mats, abrasive strips or surfaces that are not slippery.
- \_\_\_\_\_ Bathtubs and showers have at least one grab bar.
- \_\_\_\_\_ There is a light switch near the entrance of every room.
- \_\_\_\_\_ All electrical cords are kept out of traffic areas and are not placed under furniture or rugs, or attached with nails or staples.
- \_\_\_\_\_ Small electrical appliances used in the kitchen and bathroom are unplugged when not in use.
- \_\_\_\_\_ In the bedroom, electric blankets are not “tucked in” and nothing is covering an electric blanket when in use.
- \_\_\_\_\_ You have an emergency exit plan and an alternate plan in case of fire.